

Buzz Bulletin



March 2022
Edition 2 Vol. 7

Newsletter of the
North Hampshire Prostate
Cancer Support Group

Welcome to the Buzz Bulletin

All Change – A new meeting venue

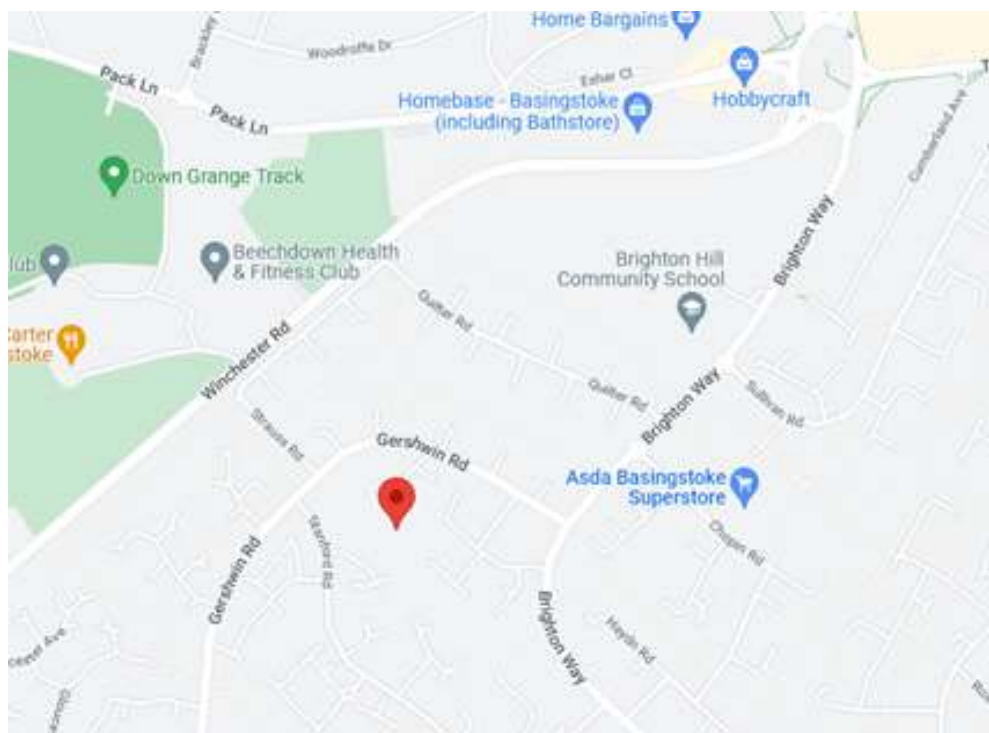
We are moving to a new venue for our monthly meetings starting from -



Thursday 28th April at 2 pm

**Brighton Hill Community
Association Hall
Gershwin Court
Basingstoke
Hampshire
RG22 4NN**

The hall is near the Asda supermarket, there is adjacent free parking and Basingstoke Bus route 1 stops at the end of the road within a few yards of the hall.



DIARY DATES

our April speaker will be
Collin Johnson

who will talk on the
subject of

**Geographical
Investigation**

meeting at Brighton Hill
Community Association
Hall

**Thursday 28th April
starting at 2.00pm**

And yes we will now have tea, coffee and biscuits!

AGM report

AGM's are boring – fact! Well not everyone thinks that as at the recent AGM for the Support Group there was a good turnout with an encouraging attendance by recently joined members. The Chairman, Treasurer and Secretary each presented their annual reports and there were no following questions from the members (The Chairmans report is included with this email and the group's accounts had previously been circulated to all members)

Invitations for nominations for committee membership had been requested on several occasions previously but none had been received. The Chairman therefore proposed that the existing committee members should continue in their current roles for another year. This proposal was unanimously accepted by our members. The committee members are:

Chairman	Martin Budd
Secretary and Membership Secretary	Allan Roper
Treasurer	David Janetta
Publicity Officer	Keith Bunker
Newsletter Editor	Richard Holt
Member	David Fryers

With the formalities over, the Chairman then outlined the results of a recent committee operational review to enhance how the group provides support and how to publicise our group to a wider audience which includes:

- More pub pint and chat nights for recently diagnosed men
- Joint activities with Basingstoke's Blue Space men's cancer charity
- Additional gatherings at different times and in different formats to suit those still working
- With the NHS giving more prominence to 'social prescribing' seek more support from local G.Ps and health centres in linking newly diagnosed men to the Group
- Continuing our current format of afternoon monthly meetings with a mixture of healthcare and non-health related talks

The second half of the meeting included a video recording of the recent changes to the Highway Code and tips for safer driving.

Keith and Martin

Group Meetings

Brighton Hill Community
Association Hall
Gershwin Court
Basingstoke.
RG22 4NN

Meetings are held on the last Thursday
of every month except December



Contact

For more information

call or text: 07377 430242

email : info@nhpcsg.org.uk

website: www.nhpcsg.org.uk



North Hampshire Prostate Cancer
Support Group



Chairman's Chat

Well its' all change – a new meeting venue, and no change – meetings continue at 2pm on the last Thursday of each month with the same committee.

So why the change of meeting venue? Well when we moved to the bowls club they provided our refreshments and we had use of their P.A.system – microphone and loudspeakers etc. Sadly these facilities have not been available for many months are there was no plan for their return.

One of the good things to have come out of Covid was that we were able to get many excellent talks at our group meeting from healthcare professionals and others using Zoom and we would like to continue this facility by showing these talks live at our group meeting where we can now meet face-to-face. Unfortunately, the bowls club's Wi-Fi connection was not fast enough for a reliable Zoom connection.

Your committee checked out many possible alternative venues and we settled on the Brighton Hill Community Association Hall because it has good Wi-Fi, a large screen, free adjacent parking, is on a bus route, and we can make our own teas and coffee. It's not made for us so we would like members to help with making and serving the refreshments.

There's no change on the committee either following the AGM, which is good news as we all know each other really well, but bad news because we have no continuity plan. Support groups like ours only survive if we continue to evolve and provide relevant help for our members. Inevitably committee members will retire at some point and without new faces and ideas there is a real danger the NHPCSG will be forced to close through lack of interest.

We hope that you have had some real benefit from being a member of the NHPCSG but remember that many more men are now being diagnosed with prostate cancer and they need your help too. You don't have to join the committee, maybe just making the teas and coffees, or be willing to share your treatment experiences with a newly diagnosed man on the phone or over a coffee or a pint. We used to have occasional lunch meetings at a pub, it would be great to get those going again, or what about a walking group – something that other support groups tell us work really well.

Please take some time to think about how you could help keep our support group going and let Allan or myself know.

Following Covid we really have little idea of how many of our previously registered members want to stay on our mailing lists as we are only getting about half as many at our monthly meetings. You don't need to come to monthly meeting to remain a member, if the exercise group, this newsletter or a chat to someone over the phone works for you that's great, but we are asking everybody to re-register for membership as this helps us to plan better to support you. Watch out for details of the registration forms in our emails.

Martin

the **Blue** space

male cancer support

FREE Event run by
The Blue Space



with
North Hants Prostate Cancer
Support Group



To Book :

Tel, SMS, Whatsapp
07899 970841

Email:
info4bluespace@gmail.com

Q&A with Cancer Nurses

Monday 25th April

7pm - 8:30pm

The Square
Basing View
Basingstoke
RG21 4EB

Nurses provided by

<reframe>

Leaders in Cancer Support

Wellbeing services and support for men affected
by cancer in North Hampshire

The Blue Space is part of The Pink Place Cancer Charity (Reg No: 1153494)