

# The Buzz Bulletin

August 2018

Newsletter of the  
North Hampshire Prostate  
Cancer Support Group

Edition 3, Volume 2

## *Welcome to The Buzz Bulletin!*

Hello to all! Well it's been a while since our last BUZZ, but we're back and some interesting things have happened, along the way. Sadly we will be saying goodbye to the lady who started this group, Sally Sawyer. Sally will be leaving Basingstoke to further her career with the NHS in Eastbourne. One more step up the ladder of success. Personally I would like to thank Sally for the understanding and wisdom she has given me. This sentiment I'm sure is echoed by all who have known Sally. Sally good luck in the future, you won't be forgotten. Thank you!

I'm sure you'll all agree that Fred and Brenda are a great support to the group and I'm pleased to let you know that they have been nominated to attend a celebration of volunteering, organised by Basingstoke Voluntary Action. Well done and good luck!

## *Committee Members*

We have had a few changes to the committee, new faces, whose input into the group will greatly improve and benefit us all. Ken Woolgar has taken over the reins as the new publicity officer, and may I say with great gusto and drive. You will see a lot of Ken's work in the coming months (so beware, he will be looking for volunteers to help out!)

Alongside Ken, he has a sidekick, Bob Ottley, a lovely man who I am pleased to call a friend. Bob and his lovely wife Jean are very keen on our skittle day, and I would probably put Bob up the top as our best scorer!

Another new face to have joined the committee is Allan Roper who will be assisting Ken. Again a man who will add to the success of the group. Welcome aboard gentlemen!

## *Meetings*

As most of you already know, we are moving! From September, meetings will be held at Loddon Vale Indoor Bowls Club, Basingstoke Leisure Park, Churchill Way West, Basingstoke, RG22 6PG. We will still meet on the last Thursday of the month from 2 – 4pm and we look forward to welcoming you to our new facilities!

## *Diary Dates*



### Thursday 30<sup>th</sup> August

Sally Sawyer, Advanced Prostate Cancer Clinical Nurse Specialist will be our guest speaker at the next meeting and will be doing a Q&A session.

August is also our 3<sup>rd</sup> birthday, so come along and enjoy some birthday cake on us!

### Thursday 6<sup>th</sup> September

Harvest Hullabaloo! at The Four Horseshoes, Sherfield-On-Loddon. Tickets are now sold out but if you've managed to get one, I look forward to seeing you there!

### Thursday 27<sup>th</sup> September

Dr. Shaffer, Consultant Clinical Oncologist is our guest speaker for September.

### Thursday 13<sup>th</sup> December

Christmas lunch at Weybrook Park Golf Club 2 - 4pm.

## Skittles

Thank you to everyone who has supported the skittles afternoons so far this year. We've had some brilliant fun and I'm grateful for your support. I hope you enjoy the afternoons as much as I do! The Four Horseshoes continue to do a brilliant job of looking after us and are happy to continue to do so. I look forward to seeing some soon.

## Notices

### Harry Bates

We have had some very sad news of the passing of our dear friend Harry Bates. Harry embodied what we try to achieve within NHPCSG, I would like to think that in the very short years Harry spent with us, he got some joy and happiness from being with, and joining in, our band of brothers. We miss you Harry, but leave as better people from just knowing you. Smile while you rest in peace.

### Ken's Quip

It must be really hot in Greggs today.  
They must be baking.....

## Contributors

In my capacity as the group's event (entertainment) officer, I hear a lot of stories from members telling me about their lives some of the hard ships they're going through. So to all you who are having a hard time, can I say, keep a smile on your face, try to forget it's you that's having a bad time, be nice to others, and you will reap the rewards. It's all about enjoying this one very short life.

A little reminder to you all, if you feel that there's something you would like to see in The Buzz; information, events, birthdays, anniversaries, photos or anything you think our readers would be interested in reading, send it to me at [brianrolfe2016@gmail.com](mailto:brianrolfe2016@gmail.com) and I will do my best to include it!

All the best,

Brian

## Contact Us

The next North Hampshire Prostate Cancer Support Group Meeting will be held on

**Thursday 30<sup>th</sup> August 2 – 4pm**

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